Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **WPMS BANDS PRACTICE RECORD**

**Advanced Symphonic Band**

Week of November 6th – November 12th, 2023 (Week 11)

\*\*\*Due Monday, November 13th\*\*\*

WHAT – Do I Practice This Week?

* ALL: Practice #38 in book.
* WINDS ONLY: Practice Warm-Up !A, 1B, & Warmup Set #1 (lip slurs) – GOOD TONE ONLY!!!
* PERCUSSION ONLY: – Practice Exercises #21-#38 in Snare Book
* ALL: Review/Practice Concert F, Bb, & Eb Major Scales, and Bb Chromatic Scale. “Down The Line” Playing Tests.
* ALL: Practice 8th note sections (ostinato) of “The Tempest.” DON’T RUSH!!! Emphasis on the correct syllable! Articulations!
* Practice “Psalm 42” with a focus on GOOD TONE!! “D” Articulations! “Sticky” notes!!!
* ALL: Don’t forget sectionals - 3:45-4:45. Brass Monday, Woodwinds Tuesday. Percussion Wednesday.
* DO NOT BE TARDY! You should be in your seat, with your necessary equipment, when the bell rings. Be ready to rehearse!

WHY – Am I Practicing This?

* We are continuing to refresh and improve existing skills, and expand with new skills. This is a good approach to any learned activity, to ensure success.
* Sectionals show us how to work and listen together in small groups (section) that are part of a larger organization (symphonic band). This is crucial for band, but also a common practice in many professional, community, and social settings. An ability to reliably attend, participate, and contribute in this way will translate to other areas of life.

HOW – Will I Know I Can Demonstrate These Skills?

* Mr. Bellon will assess and give feedback on how to improve in class. You will also be able to self-assess by using critical listening skills.
* Attending sectionals, on-time, with required equipment, and actively working to be better during that time is demonstrating the skills of effort and reliability.

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Write the number of minutes you practiced each day in the box below. Please practice AT LEAST 20 minutes each night, with a maximum of 2 days off each week. **Band is a physical skill and, much like strength training, we are developing muscles (they are just small muscles!). Frequency is key. Goal is a minimum of 100 minutes of practice per week, with each practice record being a total of 100 points (each minute = 1 point)**

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| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
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Student Signature:

Parent Signature: