

Student Name: \_\_\_\_\_



## WPMS BANDS SAMPLE PRACTICE RECORD

\*This is to show parents & students what weekly practice/homework records will look like

**(Instrument Listed Here – I.E., FLUTE)**  
**Week of August 28 – September 3, 2023**

**\*\*\*Due Tuesday, September 4<sup>th</sup>\*\*\***

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### WHAT – Do I Practice This Week?

- Skills To Practice Will Be Listed Here.

### WHY – Am I Practicing This?

- Goals Built On These Tasks Will Be Listed Here

### HOW – Will I Know I Can Demonstrate These Skills?

- Students and the Director will assess their mastery based on daily physical demonstration of understanding, both in rehearsal and through playing tests. The ultimate assessment will be the performance. Band is a course that requires a physical demonstration of ability, which can only be attained through practice. Goals will be clearly outlined, and students will be taught to practice efficiently. Students who find themselves consistently falling short of goals should first make sure they are using practice time regularly, correctly, and wisely, and second, ask the director for extra help.

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Write the number of minutes you practiced each day in the box below. Please practice **AT LEAST 20 minutes** each night, with a maximum of 2 days off each week. **Band is a physical skill and, much like strength training, we are developing muscles (they are just small muscles!).** Frequency is key. goal is a minimum of 100 minutes of practice per week, with each practice record being a total of 100 points (each minute = 1 point)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

**Student Signature:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_