

Student Name: _____



WPMS ADVANCED BAND PRACTICE RECORD

SEMESTER 2, WEEK _____ DATES: _____

WHAT – Do I Practice This Week? (FILL OUT IN CLASS)

SCALES & WARMUP: _____

PARTS

1. _____

2. _____

3. _____

WHY – Am I Practicing This?

- We are continuing to refresh and improve existing skills, and expand with new skills. This is a good approach to any learned activity, to ensure success.
- These fundamentals will help us to play more sophisticated music as the year goes on.

HOW – Will I Know I Can Demonstrate These Skills?

- Mr. Bellon will assess and give feedback on how to improve in class. You will also be able to self-assess by using critical listening skills.
- I will use my ears to assess my own playing, and determine if I am playing the correct notes, with good tone.

Write the number of minutes you practiced each day in the box below. Please try to practice AT LEAST 20 minutes each night, with a maximum of 2 days off each week. **Band is a physical skill and, much like strength training, we are developing muscles (they are just small muscles!). Frequency is key. goal is a minimum of 100 minutes of practice per week, with each practice record being a total of 100 points (each minute = 1 point). 3s and 4s will only be given for completed practice.**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Student Signature: _____

Parent Signature: _____