

Student Name: \_\_\_\_\_



## WPMS BANDS PRACTICE RECORD

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### Advanced Symphonic Band

Week of October 23rd – October 29th, 2023

\*\*\*Due Monday, October 30th\*\*\*

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#### WHAT – Do I Practice This Week?

- Practice a good tone on Concert F and Concert Bb. Continue to practice #1-#39 in Essential Elements Book focusing on GOOD TONE and FULL NOTE LENGTH.
- Review/Practice Concert F, Bb, & Eb Major Scales, and Bb Chromatic Scale on Scale Sheet. Playing Test on Bb Chromatic.
- Practice "The Tempest." Practice "Psalm 42"
- Don't forget sectionals - 3:45-4:45. Brass Monday, Woodwinds Tuesday. No percussion Wed due to half day.

#### WHY – Am I Practicing This?

- We are continuing to refresh and improve existing skills, and expand with new skills. This is a good approach to any learned activity, to ensure success.
- Sectionals show us how to work and listen together in small groups (section) that are part of a larger organization (symphonic band). This is crucial for band, but also a common practice in many professional, community, and social settings. An ability to reliably attend, participate, and contribute in this way will translate to other areas of life.

#### HOW – Will I Know I Can Demonstrate These Skills?

- Mr. Bellon will assess and give feedback on how to improve in class. You will also be able to self-assess by using critical listening skills.
- Attending sectionals, on-time, with required equipment, and actively working to be better during that time is demonstrating the skills of effort and reliability.

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Write the number of minutes you practiced each day in the box below. Please practice AT LEAST 20 minutes each night, with a maximum of 2 days off each week. **Band is a physical skill and, much like strength training, we are developing muscles (they are just small muscles!). Frequency is key. Goal is a minimum of 100 minutes of practice per week, with each practice record being a total of 100 points (each minute = 1 point)**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_