

Student Name: \_\_\_\_\_



## WPMS BANDS SAMPLE PRACTICE RECORD

\*This is to show parents & students what weekly practice/homework records will look like

(Instrument Listed Here – I.E., FLUTE)  
Week of August 28 – September 3, 2023

\*\*\*Due Tuesday, September 4<sup>th</sup>\*\*\*

### WHAT Do I Practice This Week?

- Items to practice listed here.

### WHY Am I Practicing This?

- Goals related to these tasks will be listed here.

### HOW Will I Know I Can Demonstrate These Skills?

- Students and the Director will assess their mastery based on their demonstration of ability on playing tests, in-rehearsals, and at performances. Band is a course that requires a physical demonstration showing an ability to perform a task – this can only be achieved through practice. Goals will be clearly outlined, and students will be taught how to practice correctly. Students who regularly do not achieve these goals should make sure that they are practicing wisely, as-directed, and ask the director for extra help when needed.

Write the number of minutes you practiced each day in the box below. Please practice **AT LEAST 20 minutes** each night, with a maximum of 2 days off each week. **Band is a physical skill and, much like strength training, we are developing muscles (they are just small muscles!).** Frequency is key. goal is a minimum of 100 minutes of practice per week, with each practice record being a total of 100 points (each minute = 1 point)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Student Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_